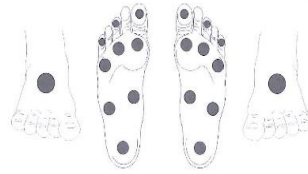


REFERRAL PATHWAY FOR DIABETES FOOT SCREENING AND ASSESSMENT

Refer Risk Categories 2 and 3 to Auckland PHO Funded Community Podiatry

Monofilament Test sites:



Risk Level	Low Risk - 1	Moderate Risk - 2	High Risk - 3	Active Foot Complication - 4
Foot Presentation	<ul style="list-style-type: none"> Protective sensation intact (10g pressure) No absent or diminished pulses 	<p>One risk factor present:</p> <ul style="list-style-type: none"> Loss of protective sensation Absent or diminished pulses without callus or deformity 	<ul style="list-style-type: none"> Previous amputation Previous ulceration <p>OR</p> <p>Two or more of the following:</p> <ul style="list-style-type: none"> Loss of protective sensation Absent or diminished pulses PAD Foot deformity with significant callus formation Pre-ulcerative lesion End stage renal failure Māori ethnicity 	<ul style="list-style-type: none"> Active foot ulcer Spreading infection Critical limb ischaemia Gangrene Hot swollen foot with/or without pain – possible active Charcot foot
Treatment Recommendations	<ul style="list-style-type: none"> Optimise diabetes control Written and verbal foot health education as appropriate Agreed and tailored management/treatment plan according to patient needs 	<ul style="list-style-type: none"> Optimise diabetes control Written and verbal foot health education as appropriate Agreed and tailored management/treatment plan according to patient needs 	<ul style="list-style-type: none"> Optimise diabetes control Written and verbal foot health education as appropriate Agreed and tailored management/treatment plan according to patient needs 	<ul style="list-style-type: none"> Urgent referral multi-disciplinary or hospital foot clinic Emergency admission if rapidly deteriorating or systemically unwell Urgent referral to vascular with acute ischaemia Agreed and tailored management plan according to patient needs Provide written and verbal education with emergency contact numbers
Suggested Follow-up	<ul style="list-style-type: none"> Annual foot screening by health professional – PN/GP Encourage self-management Footwear assessment <p>Refer only for problems requiring podiatry input</p>	<ul style="list-style-type: none"> Annual risk assessment by podiatrist Encourage self-management Footwear assessment <p>Refer to podiatry as appropriate</p>	<ul style="list-style-type: none"> Specialist vascular intervention when appropriate Review of footwear with referral to orthotist if appropriate <p>Refer to podiatry for assessment and management</p>	
Referral Service	Refer to Private Podiatry	Refer to Community Podiatry	Refer to Community Podiatry	Admit to hospital Refer to multi-disciplinary or hospital foot clinic – secondary services Te Toka Tumai Auckland