

PARTICIPANT INFORMATION SHEET General practitioner individual interviews

Exploring the views of Pacific health service users, their families, community pharmacists and general practitioners about the role of community pharmacists in achieving health equity for Pacific people with cardiovascular disease in Aotearoa, New Zealand

School of Pharmacy
Faculty of Medical and Health Sciences
Dr Trudi Aspden
Telephone: +64 9 923 3893
Facsimile: +64 9 367 7192
Email: t.aspden@auckland.ac.nz
www.fmhs.auckland.ac.nz

Research Team

Principal Investigator

Dr Trudi Aspden, Senior lecturer, School of Pharmacy

Co-Investigators

Dr Karen Brewer, Senior lecturer and research fellow, School of Population Health

Dr Corina Grey, Chief Clinical Advisor Pacific Health, Ministry of Health

Researcher

Jess Hutchings, Doctorate Candidate, School of Pharmacy

Fakaalofa lahi atu, Tālofa lava, Malo e lelei

In Aotearoa, New Zealand (NZ), Pacific people experience unjust heart health outcomes. Our healthcare providers influence the accessibility of services. We know pharmacists play an essential role in helping support people in managing their health. Often being regarded as one of the most accessible primary healthcare providers. We have conducted focus groups and interviews with Samoan, Tongan and Niuean people with cardiovascular disease and their family members to gather their views on the barriers and facilitators to managing their condition, their views on how community pharmacists support them, and their family and their ideas for how this could be improved. We have also conducted interviews with community pharmacists on their experiences and views of community pharmacists working in Pacific communities on their role and contribution to achieving equitable heart health outcomes, how they work with Pacific people with heart conditions, and their ideas for how this could be improved. You are invited to participate in this research project as we now seek to explore and understand the experiences and views of general practitioners working in Pacific communities on;

- The role that pharmacists currently play in achieving equitable health outcomes for Pacific people with CVD and the potential for them to contribute more.
- The barriers and facilitators to achieving this potential
- How these changes might impact GP practices.

What is required from you?

The interview will be held at a time that suits you and the interviewer and is anticipated to last between 30 and 60 minutes. It can occur face-to-face or via Zoom; it is your choice. The interview can take place at a house, place of work, at the University of Auckland, a public space or a café. The interview will be audio-recorded if held in person or video-recorded if it occurs via Zoom.

During the interview, the researcher will be asking you to share your experiences and views on how you currently engage with community pharmacists about your patients with CVD, and your Pacific patients with CVD, the role you see community pharmacists have towards contributing to achieving equitable CVD outcomes, and how pharmacists could work with GPs and other general practice staff to achieve equitable CVD health outcomes for Pacific people. In the second part of this interview, we will share some of the findings from the project so far from Pacific people and community pharmacists. We will then ask you if the findings spark new ideas or change your views on any of the topics discussed.

Your rights

Being interviewed is your choice. You can talk to your family and friends about this. You can contact the researcher Jess via email: jess.hutchings@auckland.ac.nz if you have any questions. You are free to change your mind or leave

the interview at any time or choose not to answer any questions without giving any reasons. Upon the completion of the interview, you are free to ask to have your interview removed from the project.

Benefits and risks

This research will help understand Pacific peoples' experiences of how community pharmacists are involved in helping achieve equitable heart health outcomes for them. The only likely cost of participating to you is your time. To thank participants for their time and their contribution to the research, you will be offered a \$50 supermarket voucher, or you can choose to have the money donated to a charity of your choice. Funding for this research is provided by the PhD candidate's PRess money. It is also being supported by the Manawataki Fatu Fatu ACCESS programme hosted by the University of Auckland and funded by Healthier Lives and the Heart Foundation.

Confidentiality

Your decision on whether to participate in this research is confidential. During the study, only the interviewer will know who you are, and this information will be kept separate from the information collected from you. A professional transcriber, who has signed a confidentiality agreement, or the interviewer will type out what was said in the interview from the recording. Quotes may be used in the findings of this project, but we will not identify you or anyone else interviewed in this study by name.

What will happen with the information that I provide?

If you agree to participate, we will record the interview either as an audio recording if the interview takes place in person or via video if it takes place via Zoom. You may review and request changes to your transcript within one week if you wish (indicated on the consent form). After this time, the transcript will be used as is. All information collected in this research will be securely stored in a University of Auckland-managed storage for up to ten years. Computer files will be password protected. Only the members of the research team will be able to look at the transcript and audio/video recording. After ten years, your recording and the transcript will then be destroyed. When the study is finished, we will send a summary of the findings to the participants who requested one. This may be up to a year after the interviews are completed. The findings of this research will form part of Jess's PhD thesis. They may also be reported in academic journals and at academic and community meetings and conferences. We will make sure that other people won't be able to tell that you were interviewed from what we report and tell other people.

Contact Details

If you would like further information about the study or have any concerns or complaints, please get in touch with the researcher, Miss Jess Hutchings, via email: jess.hutchings@auckland.ac.nz or the principal investigator Dr Trudi Aspden via email: t.aspden@auckland.ac.nz or phone: +64 9 923 3893

To talk to the Head of the School of Pharmacy about this project, please contact Associate Professor Shane Scahill via email: s.scahill@auckland.ac.nz or phone: +64 9 923 9442.

If you want, someone from your family or a friend can do this for you.

Support

If you require cultural support, talk to your family in the first instance. You can also receive cultural support by contacting the Manawataki Fatu Fatu for ACCESS team via their website contact form.

<https://www.manawafatu.org/contact-us/>

For concerns of an ethical nature, you can contact the Chair of the Auckland Health Research Ethics Committee at ahrec@auckland.ac.nz or at 373 7599 ext 83711, or at Auckland Health Research Ethics Committee, The University of Auckland, Private Bag 92019, Auckland 1142.

Approved by the Auckland Health Research Ethics Committee for three years on 24/11/22. Reference number 25090.