

Post Natal Screening Programme

Purpose

The purpose of the Post Natal Screening Programme (previously *Healthy Māmā Healthy Pēpī*) is to provide a funded post-natal consultation for a new māmā at the same time as their newborn pēpī receives their 6-week immunisations and Health Check.

Introduction

The *Post Natal Screening* programme is funded by Auckland PHO. It is a maternal six-week postnatal check and provides an opportunity to review a woman's physical and mental health, the events of her pregnancy and birth, as well as lactation and contraception options.

The *Post Natal Screening* programme addresses the need for early engagement between the whānau/family of the newborn baby and the GP team, ensuring the 6 week (and beyond) immunisation event is carried out on time, and the re-establishment of the relationship between the new mother and the GP team for the ongoing benefit of the mother and child.

Be aware of the Best Start 6 Week Pēpī initiative - [found here](#), that provides additional guidance and support for māmā and pēpē.

Pro Equity Approach

It is important to ensure whānau Māori are prioritised as well as Pasifika and whānau living in Quintile 5 when delivering the *Post Natal Screening* programme. This may include several attempts to contact the mama to encourage a visit to the practice.

Māori consumer experiences of health services and programmes are an important informer of variables that impact health inequity, therefore a positive encounter, particularly at the 6-week immunisation event and postnatal consultation increases the likelihood of successive return visits for immunisations and Primary Care consultations.

<https://equityhealthj.biomedcentral.com/articles/10.1186/s12939-019-1057-4>

Pre-call

Refer to the Auckland PHO Newborn Enrolment Overview

See suggested invite script for whānau Māori, Chinese and Other populations found on the Auckland PHO website.

Koha/Gift



Auckland PHO provides a kete that contains a non-gender specific muslin baby wrap along with a number of immunisation resources as welcome gift for the pēpī at the time of the *Post Natal Screening* appointment.

To order Kete Supply

1. Complete the Resource Order Form request [Resource Order Form](#) or
2. Ring the Auckland PHO landline 379 4022

Well Child Check

The GP team transition visit is the 5th component of the 13-step schedule of the *Well Child Tamariki Ora* Programme and is carried out at the 6 week Immunisation event and at the same time as the maternal post-natal check.



<https://www.wellchild.org.nz/what-well-child-programme>

Funding Eligibility

Consultation \$50.00 (exclusive of GST)

- Patient is enrolled and;
- Up to 8 weeks post partum
- It is expected that the patient will not be charged an additional co-payment for the post-natal consultation.

Mōhio Form

Post Natal Screening(8014) Information and Eligibility **Main** Claims Decision Support

Post Natal Checklist

Consultation Date 08/04/2023 dd/mm/yyyy

Examination Completed

Cervical Screening Discussed

Contraception Discussed

Breast Feeding Discussed

Post Natal Depression Screening Discussed [Record it now](#)

Maternal Immunisation Discussed

Smoking Status Recorded Done [Record it now](#)

Gestational Diabetes

House Smoking Discussed

Alcohol Screening Discussed Not Done [Record it now](#)

New Baby Enrolled

Safe Sleeping Discussed

Safe Families Routine Enquiry Completed

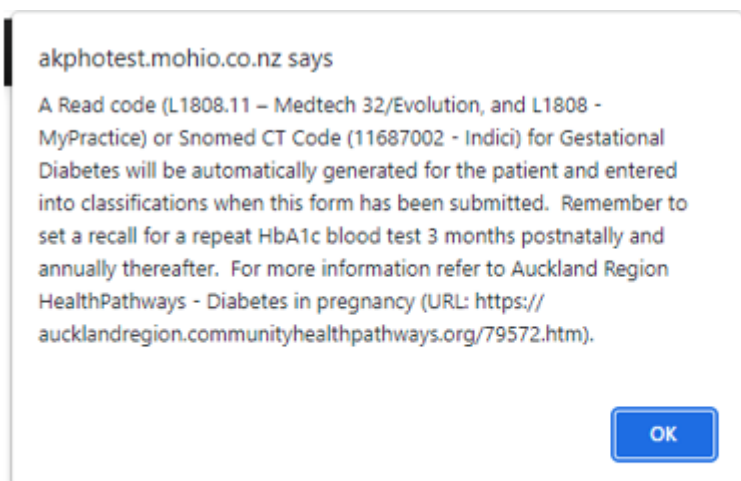
Support Systems Discussed

Notes

Logged in: AshleyH

Gestational Diabetes option now available

Pop-up message when the clinician selects: “yes” in the drop down box:



“A Read code (L1808.11 – Medtech 32/Evolution, and L1808 - ~~MyPractice~~) or ~~Snomed~~ CT Code (11687002 - Indici) for Gestational Diabetes will be automatically generated for the patient and entered into classifications when this form has been submitted.

For further information contact:

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